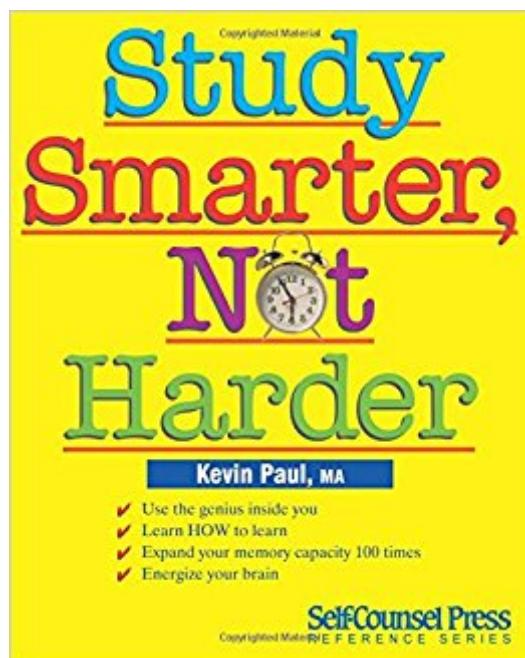


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# Study Smarter, Not Harder (Reference Series)



## Synopsis

At work and at school, requirements rise higher and higher as competition grows fiercer. We are constantly challenged by having to acquire new skills and ideas as those we've learned become obsolete. By mastering the seven basic elements of complete study skills included in this book, it's possible to tap into hidden potential for maximum performance and increased learning power. This positive guide is ideal for high-school students, postsecondary students, and anyone aiming to achieve new career goals by upgrading or learning new skills. Practical exercises and motivational quotations make the work of homework efficient and immediately useful. This new 4th edition includes: -New science-of-learning elements with a sharp focus on the practical application to study skills. -How to handle pressure from your family and friends to get good grades. -Current technology issues such as; distractions created by the internet, overcoming information age problems that harm your studying, and using technology to your advantage. -Dated language and cultural references have been updated. -Release of this new edition coincides with the launch of Kevin Paul's website: [www.studysmarternotharder.com](http://www.studysmarternotharder.com)

## Book Information

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## Customer Reviews

Kevin Paul began his professional career teaching study skills at the University of Victoria. He has been a student services professional for more than 20 years and has talked with thousands of students about what it takes to be a successful learner. Currently, he is president of Kihon Learning Systems, a company dedicated to helping students of all ages achieve success in their studies. He

also serves as Dean of Student Services at Langara College in Vancouver.

I'm a returning college student after working for about 7 years, and all I can say is that I wish I would have read this book a long, long time ago- before high school even. Parents, if you're looking for some assistance with a struggling teenager or college student- this book has some GREAT advice that contradicts many of the commonly accepted studying practices. I personally have seen a dramatic difference in my retention by employing some of these techniques. For the money (less than \$15) it is definitely worth every penny.

Good advice if student will listen.

This book is very helpful. My son is benefiting greatly.

Great book. Really helping me get through school right now. Arrived quickly in pristine condition. Albeit one of my required textbooks I find a lot of useful ways in which I can better myself. Very pleased with my purchase. :)

I bought this book because I will be teaching freshmen college students so survival skills for college courses. This book is written clearly and is focused on practical skills. I highly recommend reading and following the suggestions. Particularly good advise is on page 98 "it is about on simple choice: either you control your schoolwork, or it will control you." Another chapter is devoted to reading different kinds of books. Great!!

I bought this books after a struggle in my workload in college, and i have to say that this book offered such an excellent and really good help. I got to know how my brain processes or receives the information. the book is really helpful. Its effect are immediate and i started to get straight As. seriously thanks Mr. Kevin

This book is very good. It taught me how to study the proper way and to increase my grades. However, it is a little repetitive. At times, it does not get to the main point. It speaks and speaks, until it reaches the punchline. The reason for this is very simple. The book needs to sell. It cannot be 20 pages only.

Without a doubt this is the best book I ever read. And Believe me I've had read a lot of books. I've been study for 30 years without this value knowledge, but now this book gave me a lot of tools to make the things easy.

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